



The El Estero Echoes
El Estero Presbyterian Church
490 Camino El Estero, Monterey, CA 93940

Office: 831. 375-6622

Pastor Ted's Office Phone Number at El Estero: 831 644-0687

E mail: elesteropc@gmail.com Web: elesteropc.org

Pastor Ted Esaki

March Vol. 2022. Issue 3

The Mission of the El Estero Presbyterian Church is to Glorify God
through a Grateful Commitment
to the Great Commandment and the Great Commission.

Pastor Ted's Message



WHEN WILL WE REOPEN?

For the past two years since the Statewide mandate to Shelter in place, the question of "When will we reopen?" has been on the minds of many people in our congregation. As most of our church members are vulnerable seniors, the Session has sought to do our due diligence to take every necessary precaution to keep our congregation safe. We praise God that the Lord has watched over and protected our Congregation from serious illness or even death.

As we have seen the number of COVID-19 cases decline over the past months, the church leadership has discussed the question of "When will we reopen?" At our Quarterly Session and Deacon Retreat, the leadership of the church has set a date of Palm Sunday, April 10th, to have our first onsite service.

I'm sure another question that is on the mind of our congregation is, "Will we be able to still join the worship service via Zoom?" The answer is, "Yes". At the end of 2021, we received a very generous monetary gift designated for Reopening/Technology. That has allowed us the opportunity to significantly upgrade our multi-media equipment. We have hired Livewire, an outside IT Company to rewire our church, purchase a new computer and software, upgrade our internet connections, reset our video camera, purchase hepa air purifiers for our sanctuary and the Sunday School room, and provide helpful information and advice so that we can do a hybrid service of both Zoom and onsite in person worship.

Even as we get back to church, we will take every necessary precaution to help our congregation feel safe, secure, and comfortable. Therefore, we are asking all "in person" attendees to observe the following protocol:

- 1.) Facemasks and social distancing will be **required** for the upstairs sanctuary. Unmasked attendees may social distance and watch the video monitors in the downstairs Fellowship Hall.
- 2.) Congregants will be asked to remain masked for the singing of hymns and praise songs.
- 3.) Attendees experiencing chills or shaking; headaches; congestion or runny nose; fever; fatigue; loss of taste or smell; nausea or vomiting; coughing; shortness of breath or difficulty breathing; muscle aches and pains, sore throat, or diarrhea, will be asked to leave and may return when they have received a "negative" COVID-19 test.
- 4.) A more detailed account of what our onsite church service will look like can be found on the church website.
- 5.) The above protocol will be evaluated monthly by our church leaders.

It is exciting that we will soon be able to have "live and in person" worship services.

In Christ,

Pastor Ted



Joys and Concerns

Please continue to pray for



Anne Bevier, Bill Bevier, Don and Dori Chin, Pastor Ted and Sherry Esaki, Cary Gota, Rick Hattori, Wendy Ichiuji, Adele and Marian Kageyama, Mike Kelly, Kiku Kuwatani, Hiro Manaka, Helen Nakano, Bob McIntyre, Joan Ouye, Lyle and Meja Quock, Robert Suzuki, Jean Tanaka, Tomi Tanaka, Magdalena Thomas, Rev. Sam Tonomura, Nami Uyeda, Hedy Yamamoto, Setsuko Yamanishi, Pat and Shirley Wong, George Wooding.
the Wong family with the passing of May.

Prayers for our church family, for members who are ill, those away from their loved ones, and those who are concerned for family and friends.

Prayers for the citizens of our world that we may defeat this Coronavirus.

Prayers for our medical professionals, first responders, emergency workers, caregivers, grocery clerks., teachers

Prayers for those who have been laid off or are without income.

Prayers for our research and medical scientists as they work for vaccines and a cure for COVID19.

Prayers for our world leaders as they deal with the complex issues facing their nations and our world community.

Prayers for the brave people of Eastern Europe who facing conflicts at home.

Prayers for social justice, racial equality, and peace.

While we have worship services on ZOOM, please let Pastor Ted know via email or a phone call if you have any prayer requests.

COME AND JOIN A BIBLE STUDY

*Magnify * Maturity * Membership * Ministry * Mission*

Please join us.



Let's learn together.

Sunday Morning Adult Study

Daily Devotional: Everyday Pastor Ted writes a Daily Devotional that you can receive online through our church webpage: elesteropc.org and click on This Week

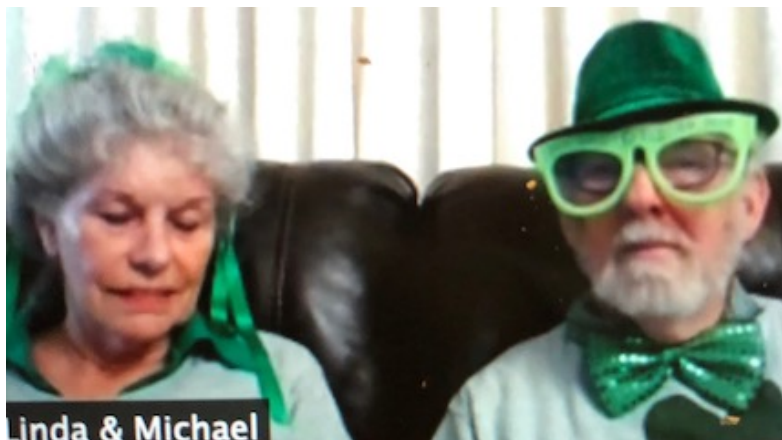
Wednesday Bible Study: Every Wednesday morning, 10:30 – 11:45 am, online through ZOOM.

A follow up of Pastor Ted's Sunday Worship Service message. Discussion follows a review of Sunday's sermon with the Sunday worship study guide. Please watch for Pastor Ted's invitation to join each Wednesday's Bible Study on ZOOM. If you would like to join a ZOOM online Bible study, please contact Pastor Ted for more information.

Thursday Evening Q&A: Every Thursday evening, 7:00 pm, Pastor Ted will host a session of questions and answers about Christianity and the Bible. You may submit your questions to Pastor Ted via email and he will respond to your thoughts on Thursday evening. All are welcome to join the group for discussion and in depth learning. Please contact or email Pastor Ted if you are interested and your questions.

Friday Evening Prayer Meeting: Every Friday evening, 7:00 pm, Pastor Ted will host a prayer meeting. All are welcome to join the prayer session for fellowship, joys and concerns, personal prayer and prayers for those on the weekly Prayer Fuel. This is a ZOOM meeting. Please email Pastor Ted for the ZOOM invitation.

pted.eepc@gmail.com



Look who showed up for St. Patrick's Day Bible Study !!!



Coach Ken's Corner

Jay Tabata and avid follower of the Coach Ken's Corner and a 70+ senior who is always looking to keep himself in shape. Jay sent me this helpful hints from the CDC. Please read and apply them to your fitness regime.

PHYSICAL ACTIVITY IS ESSENTIAL TO HEALTHY AGING: As an older adult, regular physical activity is one of the most important things you can do for your health. It can prevent many of the health problems that seem to come with age. It also helps your muscles grow stronger so you can keep doing your day-to-day activities without becoming dependent on others. Keep in mind, some physical activity is better than none at all. Your health benefits will also increase with the more physical activity that you do. Older adults with chronic conditions should understand whether and how their conditions affect their ability to do regular physical activity safely. When older adults cannot do 150 minutes of moderate intensity aerobic activity a week (for example, 30 minutes a day, 5 days a week) because of chronic conditions, they should be as physically active as their abilities and conditions allow. Stay tuned, next issue will talk about a program that might help you keep active.

Until then, stay safe, remember there is still a Covid Virus out there.

Coach Ken

ART and HIKING FELLOWSHIP

Palo Corona Regional Park for a hike and "brown bag" lunch.



Our ART and Hiking Fellowship will meet on March 26, 2022, 9:30 am at Ashley Furniture, Sand City for a walk along the bike/walking trail. Then coffee and fellowship at Panera Bread.

See you all for an invigorating morning walk.



Open ART Studio

Join us for an art class led by Bob McIntyre. We meet on Saturdays at 10:00 am on ZOOM. Please let Bob or Lynn know if you are interested in joining us. Our class is sponsored by the El Estero Church.



Beach Side Sunset.
Nancy

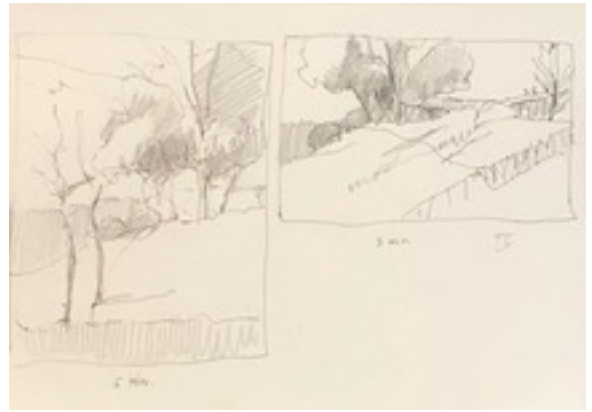
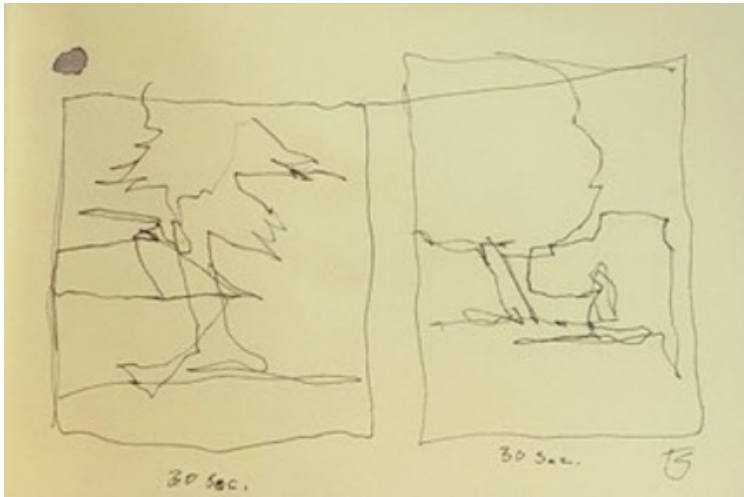


Five Minute Sketch. Ros

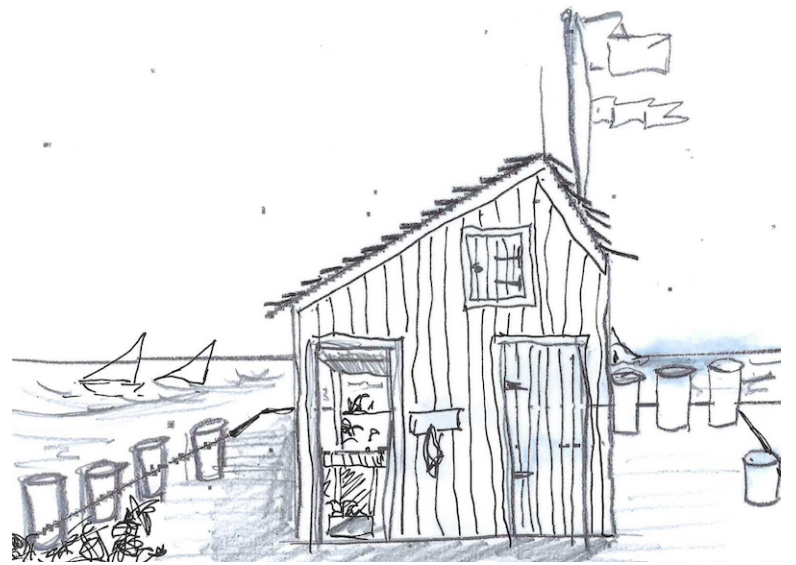
Glazing. Rose



30 second and 5 minute sketches. Tim



Hippie Bird. Mike



7 Minute 30 second sketch. Mike



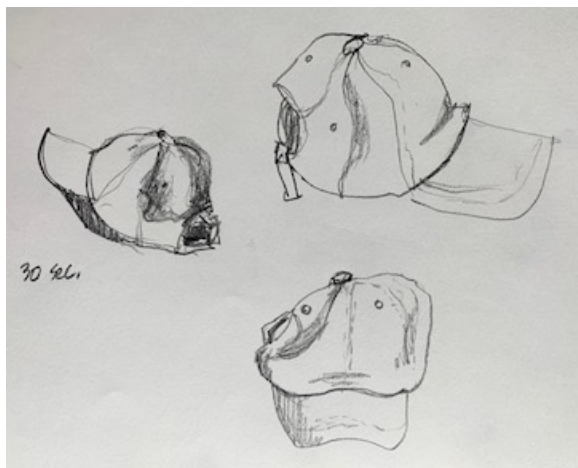
Piazza da Venezia.
Mike



Salt Marsh.
Mark



Venice Street Café Late Afternoon. Mark



Sketches. KC





Monastery Beach. KC



Will Lott's Cottage.
Suzette.

English Cottage.
Nancy



Quiet Stream.
Mike

Willy Lott's Cottage.
Mar





River Cottage.
Mark



Carmel River Lagoon.
KC

APRIL 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday Worship Service on ZOOM starts at 10:30 am. Communion is celebrated on the first Sunday of each month.					1 7:00 pm Prayer Mtg on ZOOM	2 10:00 am ART on ZOOM
3 LENT 10:30 am Worship Service on ZOOM Communion	4	5	6 10:30 am Bible Study on ZOOM	7 1:00 pm Deacons' Mtg. 7:00 pm Q & A on Christianity and the Bible on ZOOM	8 7:00 pm Prayer Mtg on ZOOM Echoes Articles Due	9 10:00 am ART on ZOOM
10 PALM SUNDAY 10:30 am Worship Service on ZOOM Session Mtg.	11	12	13 10:30 am Bible Study on ZOOM	14 7:00 pm Q & A on Christianity and the Bible on ZOOM	15 GOOD FRIDAY	16
17 EASTER 10:30 am Worship Service on ZOOM	18	19	20 10:30 am Bible Study on ZOOM	21 7:00 pm Q & A on Christianity and the Bible on ZOOM	22 7:00 pm Prayer Mtg on ZOOM	23 9:30 am Art and Hiking Fellowship
24 10:30 am Worship Service on ZOOM	25	26	27 10:30 am Bible Study on ZOOM 7:00 pm Spiritual Growth Mtg.	28 7:00 pm Q & A on Christianity and the Bible on ZOOM	29 7:00 pm Prayer Mtg on ZOOM	30 10:00 am ART on ZOOM

El Estero Church's ZOOM worship service on Sundays, 10:30 am, please contact Pastor Ted Esaki and watch for his email invitation. To access the "Sermon Outline" and the "Worship Bulletin" for Sunday's worship service, go to our website elesteropc.org and click on Messages.

To join our Wednesday morning Bible Study 10:30 am on ZOOM, please contact Pastor Ted and watch for his email invitation.

To join our Thursday evening Q & A session 7:00 – 8:00 pm on ZOOM, please contact Pastor Ted and watch for his email invitation.

To join our Friday evening Prayer Meeting 7:00 pm on ZOOM, please contact Pastor Ted and watch for his email invitation.

To join our Open Art Studio on Saturday, 10:00 am on ZOOM, please contact Bob McIntyre and watch for Lynn's email invitation



El Estero Presbyterian Church

490 Camino El Estero
Monterey, CA 93940

831.375-6622

E mail: elesteropc@gmail.com

*For where two or three gather in my name,
there am I with them.”*

Matthew 18 : 20