

June 12, 2016
Philippians 4:10-13

THE SECRET OF BEING CONTENT

I. Introduction:

Question: As you reflect upon your life today, can you say that you are content?

Definition of Contentment:

1. The state of being contented or satisfied;
2. The act or process of contenting or satisfying;
3. Gratification; pleasure; satisfaction.

II. How To Experience Contentment

A. Contentment is _____

“I have **learned** to be content” Vs. 11

“I have **learned** the secret of being content in any and every situation.” Vs. 12

B. Avoid _____

“I have learned to be content whatever the circumstances” Vs 11b.

C. Contentment is not found in Possessions or _____

12] I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.”

D. Contentment comes from _____.

“I can do everything through him who gives me strength.”

Vs. 13

POINTS TO PONDER
Week of June 12th to 18th
The Secret of Being Content
Philippians 4:10-23

Open It:

1. What experiences bring you the most contentment?
2. *When was a time you felt contentment in the middle of problems or uncertainty?

Explore It:

3. Why was Paul glad? (4:10-13)
4. *What lesson had Paul learned about contentment?
(4:10-13)
5. Why could Paul handle any kind of circumstance? (4:13)
6. What did the Philippians do about Paul's troubles?
(4:14)
7. How did Paul feel toward the Philippian believers? Why?
(4:14)
8. *How had the Philippians supported Paul in the past?
(4:15-16)
9. What did Paul not want? (4:17)

10. What did Paul want for the Philippians? (4:17)
11. What was Paul's current financial situation? (4:18)
12. How did Paul respond to the Philippians' generosity? (4:18-19)
13. *How would God reciprocate the believers' generosity? (4:19)
14. To whom did Paul give thanks and praise? (4:20)
15. Who sent final greetings to the Philippians? (4:21-22)
16. To what did Paul give prominence in closing his letter? (4:23)

Get It:

17. *How could Paul be so flexible in his approach to life's circumstances?
18. How do you handle the unexpected?
19. What can you learn from Paul about being content?
20. *The Philippian Christians helped Paul when he needed it; how are you able to help others in trouble?
21. What can you do to be ready for others when they need financial help?
22. What can your church do to help missionaries with financial needs?
23. How will God honor a giving spirit?

24. How can the relationship between Paul and the Philippians help your church in its relationship to those involved in missions?

Apply It:

25. This week, what can you do to help a Christian who needs financial support?

26. Whom do you know who needs a note of encouragement from you today?

27. *What can you do to develop an attitude of contentment in all circumstances?

Notes: